

La Planchada's Unlisted Night Shift

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A nurse with a perfectly pressed uniform helps a patient at night. By morning, staff can find no nurse matching her description: La Planchada has finished another shift.

STATUS	A recorded story, with its history attached
CLASSIFICATION	STR
MATERIAL	Mexico City and other Mexican hospital traditions
DISPOSITION	PUBLIC / SOURCED STORY
CATEGORY	Strange Files
RECORD TYPE	Ghosts & hauntings
STORY HISTORY	Twentieth-century hospital folklore

THE ACCOUNT

The nurse looks reassuring before she looks impossible. In Mexican hospital stories, La Planchada arrives in a spotless, carefully pressed uniform and tends someone during the night. She may comfort the patient or provide care, then disappear before the next shift can identify her. The following morning supplies the disturbance: nobody on duty matches the description. Versions offer different reasons for her return. Some make her an admirable nurse whose work continues after death; others say she is trying to make amends for failures during her life. The bedside scene remains recognisable while the moral explanation changes.

FOLLOWING THE TRAIL

Cultura Genial's folklore account places the tradition especially around Mexico City's Hospital Juárez and discusses its spread through twentieth-century hospital stories. It explicitly notes that no documented biography establishes the familiar nurse named Eulalia and her alleged supernatural career. The competing backstories should remain alternatives, rather than a combined historical life.

WHY IT STAYS WITH US

The unsettling detail is institutional: an unforgettable caregiver who appears on no known shift. This is a ghost story in which gratitude arrives before fear, and the missing person has apparently helped.

WHERE THIS TELLING COMES FROM

La planchada: la leyenda de la enfermera fantasma

Cultura Genial

<https://www.culturagenial.com/es/leyenda-de-la-planchada/>

RETURN TO THE STORY

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Visit the record for its illustrations and further reading.

<https://u225x.com/record/STR-GHOST-027>