

Update Codex Recipe File

CHAT-0390 / REV EXPORT-03 / 2026.09.02

A conversation-specific public summary of update codex recipe file, distilled from the supplied export. The detailed excerpts remain available in the released note file.

STATUS	ABANDONED
CLASSIFICATION	DAT
MATERIAL	CHAT EXPORT / FOOD & RECIPES
DISPOSITION	DEPRECATED / MOVED TO GRAVEYARD
CATEGORY	Food & Recipes
RECORD TYPE	recipe-thread

TECHNICAL NOTES

Conversation-specific knowledge extracted from the update codex recipe file discussion.

CONVERSATION / QUESTION AND CONTEXT

ok the md file worked a little but is lacking info for instance it couldnt build my french brad 2 loaf recipe because it was MISSING FROM THE RECOVERED NOTES Exact flour, water, yeast, butter, honey, salt, yield, proof times, bake temperature, and bake time. This is a workflow record, not a complete batch sheet. I need you to pull everything into a file codex can use to get this correct for everything

CONVERSATION / EXTRACTED GUIDANCE

1. verified, exact recipes/settings;
2. operational how-to instructions;
3. preferences and equipment that affect recommendations;
4. incomplete records that Codex must not pretend are complete.
5. Complete two-loaf French bread recipe with exact ingredients, proofing, shaping, temperature, bake time, internal temperature, cooling, and troubleshooting.
6. Five-banana chocolate/Reese-chip banana bread.
7. Mall-style pretzels and pretzel bites.
8. Six-flavor applesauce fruit rollups.

SPECIFICATION

SOURCE	Supplied ChatGPT export
CATEGORY	Food & Recipes
CONVERSATION	3 user turns / 11 assistant turns
ATTACHMENTS	3 references detected
PUBLIC DETAIL	Extracted knowledge + excerpts

DEVELOPMENT HISTORY

2026.09.02 / EXPORT-04

Matched to the supplied export; key guidance is surfaced separately and the raw transcript remains unpublished.

2026.09.06 / GRAVEYARD

Moved to the Graveyard by reviewed content-recovery decision.

RELEASED MATERIAL / SOURCE LINKS

CHAT-0390-public-note.txt

PUBLIC-SAFE CONVERSATION NOTE / UNIQUE FILE

<https://u225x.com/downloads/chat-records/CHAT-0390-public-note.txt>

RETURN TO THE LIVING RECORD

Update Codex Recipe File

This PDF preserves the public notes at this revision. Visit the record for updates and attached images.

<https://u225x.com/record/CHAT-0390>